

# ROAST ORDERING MENU

*\*AVAILABILITY & PRICES SUBJECT TO CHANGE WITHOUT NOTICE\**

## From the Butcher

Order by the pound, kilogram or by piece where appropriate

### Poultry

Ground Chicken	10.99/lb
Boneless Skinless Chicken Breast	10.99/lb
Bone In, Skin On Chicken Breast	8.99/lb
Boneless Skinless Chicken Thigh	9.99/lb
Bone In, Skin On Chicken Thigh	7.99/lb
Chicken Leg/Drumstick	6.99/lb
Chicken Wings	8.99/lb
Whole Chicken	5.49/lb
Flattened Chicken	6.49/lb
Ground Turkey	13.99/lb
Turkey Parts & Whole Turkeys	Please Call

## **Burgers & Sausages**

Steak Burger	5.00/ea
Fresh Herb Chicken Burger	5.00/ea
Pork Sausage (Sweet Italian, Hot Italian, Honey Garlic)	9.99/lb
Lamb Sausage/Burger	Please Call

## **Beef**

Lean Ground Beef	9.99/lb
Stewing Beef	12.99/lb
English Style Short Ribs	13.99/lb
Miami Short Ribs	16.99/lb
Blade Roast	12.99/lb
Outside Round	12.99/lb
Brisket	10.99/lb
Flank Steak	19.99/lb
Skirt Steak	20.99/lb
Flat Iron Steak	19.99/lb
Wagyu Culotte Steak/Wagyu Cap	41.99/lb
Prime Culotte Steak/Prime Cap	20.99/lb
Prime Rib Roast	23.99/lb

Beef Tenderloin Steak/Roast	41.99/lb
Ribsteak (Bone In Ribeye)	23.99/lb
Ribeye Steak	29.99/lb
NY Strip Loin Steak	29.99/lb
Strip End Steak	24.99/lb
Prime Top Sirloin Steak/Roast	21.99/lb

## **Lamb**

Ground Lamb	12.99/lb
Rack of Lamb/Rack of Lamb Chops	29.99/lb
Midloin Chops	24.99/lb
Bone in Leg	17.99/lb
Boneless Leg	19.99/lb
Bone in Shoulder	13.99/lb
Boneless Shoulder	16.99/lb

## **Pork**

Ground Pork	8.99/lb
Rib Chops	8.99/lb
Midloin Chops	8.99/lb

Boneless Chops	9.99/lb
Baby Back Ribs	11.99/lb
Pork Tenderloin	11.99/lb
Bone in Pork Shoulder	7.99/lb
Boneless Pork Shoulder	8.99/lb
Bone in Pork Roast	8.99/lb
Boneless Pork Roast	9.99/lb
Smoked Pork Chop	10.99/lb

## Other

Duck Breast	Please Call
Duck Leg	Please Call
Ground Veal	Please Call
Rack of Veal/Rack of Veal Chops	Please Call
Veal Scallopini	Please Call

## From the Chef

Please order by the pound, kilogram, or by piece where appropriate

### Snacks & Salads

Chicken Fingers	13.99/lb
Potato Latkes	9.99/lb
Double Stuffed Baked Potatoes	9.99/lb
Beet Salad	9.99/lb
Celery Root Slaw	9.99/lb
Potato Salad (Call for daily selection)	8.99/lb
Other Salads	Please Call
House Made Hummus, Red Pepper Feta Dip	Prices Vary

### Soups, Stews, Sauces, & Sides (500ml)

Chicken Noodle Soup	6.00/ea
Ham and Split Pea	6.00/ea
Beef and Barley	8.00/ea
Cheesy Cauliflower Soup	6.00/ea
Coconut Curry Butternut Squash	8.00/ea
Red Lentil Curried Chicken	8.00/ea

Bolognese Sauce	8.00/ea
Tomato Sauce	6.00/ea
Puttanesca Sauce	8.00/ea
Arrabiata Sauce	8.00/ea
Chicken Stock	5.00/ea
Beef Stock	5.00/ea
Turkey Stock	5.00/ea
Scalloped Potatoes	8.00/ea
Garlic mashed potatoes	7.00/ea
Further Selection	Please Call

### **Mains (Serves 1-2)**

Chicken Pot Pies (Classic, Tarragon, Mushroom & Leek)	8.00/ea
Turkey Pot Pie	8.00/ea
Steak & Mushroom Pot Pie	10.00/ea
Cottage Pie	10.00/ea
Shepherd's Pie (Lamb)	10.00/ea
Mac & Cheese	8.00/ea
Beef Meatballs	12.00/ea
Lasagnes (Beef, Sausage, Veggie, Mushroom)	Prices Vary

## From the Delicatessen

Please order by the pack (serves 2-3)

### Deli

Double Smoked Bacon (Pork)	12.99/lb
Beef Bacon	15.99/lb
Lamb Bacon	18.99/lb
Pancetta	22.99/lb
Guanciale	25.99/lb
Oven Roasted Turkey Breast	15.99/lb
Black Forest Ham	12.99/lb
Pastrami	15.99/lb
Salami (All Beef, Genoa, Kaiser, Calabrese, Gypsy)	Prices Vary
Kielbasa (Ham and Turkey)	Prices Vary
Niagara Food Specialties:	
Proscuitto, Cappocollo, Proscuitto Salami	Prices Vary
KungFu Dawg Hot Dogs (Beef, Chicken)	8.99/pack

### Cheese

We stock a variety of fine local and imported cheeses. From creamy cow's milk brie to fine aged Parmaggiano, to intense goat & sheep's milk cheeses, please give us a call to hear what's currently in stock.

## For Your Pantry

We stock a wide array of unique items to fill your pantry. Just some of our selection is listed below, please give us a call if you are looking for anything in particular, we likely have it!

Rummo Pasta

Pasta Sauces

Favuzzi San Marzano & Cherry Tomatoes

A wide variety of Olives

Fine Oils & Vinegars

Joe Beef & Rufus Teague BBQ Sauces

Mad Mexican Tortilla Chips and Salsas

Alba Lisa Tortillas and Sauces

Tinned Fish & Seafood

De Siam Thai Curry Pastes, Seasonings and Kits

Spice Rubs and Seasonings, Including our House Blends

Pickles from Mclures, Eat These Pickles, Bubbies and More

Kung Fu Dawg Condiments

Heritage Bee Honey

Coarse Salt, Maldon Salt & Smoked Maldon Salt

Mustards, Chutneys, Relishes, Ketchups, Dressings & More!



## For Your Sweet Tooth

Here's just a selection of the sweets we have on offer! Please call us to hear our full selection.

Sweet Flour Bake Shop Cookies

Salted Cocktail Nut Mixes

Rosen's Cinnamon Bun Spread

Heritage Bee Flavoured Honeys

Georgian Bay Co. Granola

Stellar Eats Gluten Free Baking Mixes

Chocolate Bars, Mint Chocolates, Sugar Free Chocolates, Chocolate spreads!

Sugar Sin Spiked Gummies

Tonics and Mixers for your favourite cocktail (or mocktail!)

Death in Venice Gelato

Fressy Bessy Fruit Popsicles

## Roast Fine Foods Dry Goods

*\*All items subject to availability\**

Alemanys Almonds, Hazelnuts or Walnuts	12.99+tx
Amedei Chocolate Bars	9.99+tx
White, Nut Brown, Black, Dark with Berries, Dark with Peaches, Milk with Hazelnuts	
Andre Gluten Free Cookies	6.99
Bart Spices	8.99-9.99
Cayenne, Sumac, Black Peppercorns	
Belazu Balsamic Tomatoes	14.99
Belazu Barley CousCous	9.99
Belazu Early Harvest Olive Oil	19.99
Belazu Preserved Lemons	9.99
Belazu Tagine Pastes, Harissas and Pestos	9.99
Belazu White Condimento	19.99
Belberry Balsamic Fig Glaze	15.99
Belberry Fruit & Alcohol Jams	8.99
Belberry Gourmet Sauces	9.99
San Marzano, Jalapeno & Tomato, Beetroot, Yellow Pepper	
Belberry Morello Cherry Jam	9.99
Belberry Pink Grapefruit Jam	9.99
Belberry Preserved Lemons	22.99
Belberry Vinegars	15.99
Lime, Calamansi, Cucumber, Tomato, Black Currant	
Bove's Alfredo Sauce	11.99
Cartwright and Butler Candies	7.99+tx
Sour Apples, Aniseed Humbugs	
Cartwright and Butler Cookies	9.99+tx
Stem Ginger Biscuits, Chocolate Crumbles	
Cartwright and Butler Tea	9.99
Coop's Sundae Sauces	17.99
Conservas de Cambados Atlantic Salmon in Olive Oil	14.99

Conservas de Cambados Cockles in Brine	29.99
Conservas de Cambados Mussels in Galician Sauce	9.99
Conservas de Cambados Octopus in Galician Sauce	14.99
Conservas de Cambados Small Sardines in Tomato Sauce	9.99
Conservas de Cambados Squid in Ink	15.99
Conservas de Cambados Squid in Olive Oil	15.99
Conservas de Cambados Tuna in Olive Oil	9.99
De Siam Coconut Milk	4.99
De Siam Coconut Sugar	11.99
De Siam Jasmine Rice	6.99
De Siam Pad Thai Kit	6.99
De Siam Pad Thai Noodles	3.99
De Siam Pad Thai Stir Fry Sauce	5.99
De Siam Stir Fry Pastes	3.99
Lemongrass, Ginger, Tamarind	
De Siam Spring Roll Kit	8.99
De Siam Sweet Chili Sauce	4.99
De Siam Thai Satay Kit	5.99
Delmonico's Sauces	9.99
Balsamic Vinaigrette, Peppermill Ranch, Steak Sauce, Chipotle Steak Sauce	
Escuminac Birch Syrup	34.99
Escuminac Maple Spread	11.99
Escuminac Maple Sugar	8.99
Escuminac Maple Syrups	19.99
Fine Cheese Co. Fruit for Cheese	12.99
Fine Cheese Co. Pickled Cherries for Cheese	19.99
Fine Cheese Co. Pickled Figs For Cheese	19.99
Fine Cheese Co. Pickled Onions For Cheese	12.99
Fine Cheese Co. Pickled Pears for cheese	19.99
Galerie Au Chocolat Bars	5.99+tx
White with Matcha & Puffed Rice, Dark with Coconut, Flax, Sunflower & Pumpkin Seeds	
Guerande Sea Salt for Bouillon	14.99

Guerande Flavoured Coarse Sea Salt	7.99
Kalios Pistachios and Cashews	8.99
Kalios Olive Oils	29.99
Kalios Organic Olive Oil	17.99
Mallow Puffs	7.99+tx
Mighty Fine Honeycomb	6.99+tx
Dark Chocolate, Milk Chocolate	
Miller's Elements Water Crackers	5.99
Mor Snap Crackers	6.99
Mrs. Bridges Chutneys	8.99
Olive Branch Olive Oil	13.99
Olive Branch Salad Dressings	9.99
Olive Branch Tapenade and Relish	8.99
Opies Capers	6.99
Opies Gherkins	6.99
Pipers Crisps	4.99+tx
Black Pepper & Sea Salt, Cheddar & Onion, Cider Vinegar & Sea Salt, Jalapeno & Dill, Sea Salt, Sweet Chili, Thyme & Rosemary	
Rude Health Muesli	9.99
Rufus Teague BBQ Sauces	10.99
Honey Sweet, Touch o' Heat, Whiskey Maple, Blazin' Hot	
Rufus Teague Spice Rubs	8.99
Sal de Ibiza Fleur de Sel	26.99
Seed & Bean Chocolate Bars	7.99+tx
Seedlip Non-Alcoholic Spirits	39.99+tx
Seggiano Balsamic Vinegar	11.99
Seggiano Carnoli Rice	9.99
Seggiano Passata	8.99
SugarSin Spiked Gummies	6.99+tx
Strawberry Daiquiri, Fizzy Bubbly, Sparkling Rose, Dry Gin Fizz, Fizzy Tropical	

Summer Down Chocolate Peppermint Cream Dominoes	15.99+tx
Summer Down Chocolate Peppermint Creams	15.99+tx
Summer Down Chocolate Peppermint Crisps	15.99+tx
Summer Down Mint Chocolate Collection	17.99+tx
Tapas Salsas	6.99
Salsa Sevillana, Chimichurri, Mojo Picon	
Templeman's Toffees	7.99+tx
Almond Crunch, Sea Salt, Cashew Cruch	
Van Den Berg Butter Biscuits	5.99+tx
Verduijn Crackers and Cookies	5.99
Victoria Taylor's Seasonings	9.99
Willie's Cacao Chocolate Bars	4.99+tx
Orange, No Sugar Added Raisin & Hazelnut	

<b>Fentimans (4 Packs)</b>	10.99+tx
Fentimans Curiosity Cola	
Fentimans Mandarin & Seville Orange Jigger	
Fentimans Victorian Lemonade	
Fentimans Wild English Elderflower Soda	

<b>Fever-Tree (4 Packs)</b>	7.99+tx
Aromatic Tonic Water	
Club Soda	
Elderflower Tonic Water	
Ginger Ale	
Ginger Beer	
Indian Tonic Water	
Lemon Tonic	
Mediterranean Tonic Water	
Refreshingly Light Indian Tonic Water	
Spiced Orange Ginger Ale	

Catherine's Antipasto	9.99
Divina Bloody Mary Olives	10.99
Divina Blue Cheese Stuffed Olives	11.99
Divina Calabrian Peppers	12.99
Divina Castelvetroano Olives	10.99
Divina Dolmas	6.99
Divina Feta Stuffed Olives	11.99
Divina Grilled Green Olives	10.99
Divina Jalapeno Stuffed Olives	10.99
Divina Marinated Artichokes	7.99
Divina Olive Bruschetta	10.99
Divina Organic Kalamata Olives	9.99
Divina Organic Mixed Greek Olives	9.99
Divina Organic Pitted Green Olives	9.99
Divina Organic Roasted Red Peppers	10.99
Divina Red Pepper Stuffed Olives	10.99
Divina Roasted Tomatoes	12.99
Divina Sweet Sangria Olives	10.99
Favuzzi Canned Cherry Tomatoes	3.99
Favuzzi Canned San Marzano Tomatoes	6.99
Favuzzi Caper Berries	10.99
Favuzzi Hot Chili Puree	10.99
Favuzzi Mushroom Truffle Pate	11.99
Favuzzi Porcini Salt	11.99
Golden Acres Sliced Peaches	6.99
Joe Beef BBQ Sauce	11.99
Joe Beef Spice Rubs	11.99
Joe Beef Dijon	6.99
Joe Beef Hot Sauces	10.99
Joe Beef Ketchup	9.99
Joe Beef Smoked Apple Mustard	6.99
Legal Seafood Malt Vinegar	8.99

Legal Seafood Tartar Sauce	8.99
Merula Olive Oil	19.99
Napa Valley Avocado Oil	19.99
Napa Valley Organic Red Wine Vinegar	8.99
Napa Valley Organic Sesame Oil	10.99
Napa Valley Peanut Oil	10.99
Ojai Organic Mayonnaise	9.99
Stonewall Kitchen Aiolis	10.99
Maple Bacon, Sriracha, Ghost Pepper, Horseradish	
Stonewall Kitchen Ketchups	9.99-12.99
Bacon, Chipotle, Country, Truffle	
Stonewall Kitchen Crackers	9.99
Asiago, Everything, Roasted Garlic, Sea Salt, Rosemary Parmesan, Aged Cheddar Beer	
Stonewall Kitchen Sea Salt Gluten Free Crackers	10.99
Stonewall Kitchen Farmhouse Chutney	9.99
Stonewall Kitchen Relishes	9.99
Green, Mustard Pickle, Red	
Stonewall Kitchen Salad Dressings & Sauces	10.99
Champagne Shallot Walnut Dressing, Bacon Caesar Dressing, Maine Craft Ale Grille Sauce, Wasabi Ginger Sauce, Balsamic Fig Dressing	
Stonewall Kitchen Blueberry or Raspberry Syrups	10.99
Tillen Farms Cocktail Garnishes	10.99
Blue Cheese Olives, Garlic Jalapeno Olives, Dilly Beans, Jalapeno Onions, Lemon Twist Olives, Maraschino Cherries, Pickled Asparagus	
Tonnino Tuna	8.99
Olive Oil, Spring Water, Jalapeno, Oregano, Thai Chili	
Xochitl Blue or White Tortilla Chips	5.99+tx
Bar Harbor Clam Juice	4.99
Bar Harbor Fish Stock	5.99
Bar Harbor Herring with Cracked Pepper	6.99

Bar Harbor Manhattan Style Clam Chowder	6.99
Bar Harbor Natural Smoked Wild Kippered Herring	6.99
Bar Harbor New England Style Crab & Lobster Bisque	6.99
Bar Harbor New England Style Fish Chowder	6.99
Bar Harbor New England Style Salmon Chowder	6.99
Bar Harbor New England Style Lobster Bisque	6.99
Bar Harbor Seafood Stock	5.99
Bar Harbor Skinless, Boneless Smoked Sardines	6.99
Bar Harbor Skinless, Boneless Smoked Sardines in Maple Syrup	6.99
Fino Hot or Mild Ajvar (Red Pepper & Eggplant Spread)	6.99

Alba Lisa Tortillas	6.99
Alba Lisa Tortilla Chips	4.99+tx
Bru Beer Mustards	7.99
County Fare No Sugar BBQ Sauce	9.99
County Fare No Sugar Jams	9.99
Country Fare No Sugar Ketchup	9.99
Death In Venice Gelato	10.99
Eat These Pickles	11.99
Farmer's Pantry Dips, Spreads and Pates	6.50-9.95
Fressy Bessie Fruit Popsicles	1.99+tx
Georgian Bay Granolas	10.99
Heritage Bee Creamed Honey	16.99
Heritage Bee Flavoured Honeys	14.99
Heritage Bee Liquid Honey	16.99
Kung Fu Dawg Purple Sauerkraut	7.99
Kung Fu Dawg Corn Relish	7.99
Kung Fu Dawg Giardiniera	8.99
Mad Mexican Tortilla Chips	5.99+tx
Mad Mexican Salsas	8.00
Pico de Gallo, Guacamole	
Mados Sauce	9.99



Manning Canning Angry Pickled Garlic	9.99
Mitchell's Soup Co. Soup Mixes	9.99
Ontarieau Sparkling Water	1.75
Salted Fancy Cocktail Nuts	13.99+tx
Salted Honey Salsas	14.99
Skuta Salted Pumpkin Seeds	6.99+tx
Stasis Preserves Caramelized Onions	9.99
Stasis Preserves Hot Sauces	9.99
Peach & Scotch Bonnet, Chocolate Habanero, Ghost Chili, Scorpion Chili	
Stellar Eats Gluten Free Mixes	13.99
Pizza Dough, Chocolate Cake	
Sweet Flour Cookies	8.99
The Daily Dumpling Wonton Co. Dumplings	13.99
Cape Herb and Spice Co. Chip Seasoning	9.99
Cape Herb and Spice Co. Spice Blends	9.99
Caribbean Jerk, Asian Stir Fry, Madras Curry, Mediterranean Roasts, Portuguese Piri Piri, Fiery Mozambican, Sweet & Sour Thai, Indian Chili	
Kozliks Mustards	6.99
Market Mustard, Balsamic Fig, Black Harp, Dijon by Anton, XXX Hot, Honey Mustard	
Kozliks Horseradish	6.99
Kozliks BBQ Sauces	8.99
La Croix Sparkling Water	5.99+tx
Cran Raspberry, Lemon, Orange, Tangerine, Peach Pear, Mango, Passionfruit, Berry	
La Tourangelle Olive Oil	21.99
La Tourangelle Grapeseed Oil	19.99
Lotus Foods Pad Thai Noodles	6.99
Lotus Foods Rice Ramen	8.99

Du Cap Bon Harissa	3.99
Fee Brothers Bitters	15.99
Tracklements Indian Chutney	11.99
Tracklements Fig Relish	11.99
Tracklements Mint Jelly	10.99
Tracklements Red Currant Jelly	10.99
Tracklements Tewkesbury Hot Mustard	6.99
Tracklements Beer Mustard	6.99
Tracklements Mint Sauce	9.99
Tracklements Cranberry Port Orange Sauce	10.99
Tracklements Red Pepper Chili Jelly	10.99
Madagascar Green Peppercorn	3.99
Maldon Smoked Salt	10.99
Maldon Salt	11.99
Liquid Smoke	7.99
Truffle Oils	14.99
La Dalia Hot or Sweet Paprika	6.99
Pink Curing Salt	5.99
Yoshi Sriracha Seasoning	5.99
XXI Centuzi Smoked Olive Oil	31.99

Albea Blanca Balsamic Sherry Vinegar	13.99
Epicureal Gourmet Mushroom Popcorn	6.99
Martelli Hot Peppers	8.99
Mcclure's Pickles	7.99
Olio Anfosso Organic Olive Oil	26.99
Rummo Pasta	3.99-4.99

Phlippens Smoked Sauce & Smoked Hot Sauce	9.99
Rummo Gluten Free Pasta	5.99
Rummo Whole Wheat Pasta	4.99
Rosen's Cinnamon Bun Spread	8.99
Stefano Marinara, Rosee & Tomato Basil Sauces	9.99
Stefano Meat, Sausage & Mushroom, Rosee with Meat	10.99

Pesto Rosso	9.99
Pesto Genovese	9.99